

# St. Albert's Faith Formation Opportunities

## TOTAL LIFELONG CATECHESIS (TLC)

- Total Lifelong Catechesis (TLC) is St. Albert's whole parish faith formation. Parents and their children, single adults, and married couples all meet once a month for Sunday Mass, Meal and Message (which includes an adult speaker and children faith lessons). All three components – Mass, Meal and Message – are integral parts of a TLC Session. Families receive materials to share and learn at home the rest of the month. Monthly sessions are based on the Catechism of the Catholic Church and the Bible, with a five year cycle.

### **What to expect from TLC?**

- TLC is about forming community and friendships while providing education, formation, and an opportunity to share and discuss the faith and support each other.
- Parents receive help and support in teaching and passing on the faith to their children.
- TLC is for all parishioners, regardless of age or family status, especially parents with school age children. We welcome grandparents too.
- TLC is once a month, with your choice of attending a Sunday or Wednesday session. There is a maximum of participants allowed each session. Priority goes to early registration, so register early.
- Each month households will receive "Home Kits" containing topic-specific information and material for families to complete during the month.
- A nursery is provided at no charge for children up to 4 years old.
- As part of liturgy enrichment, TLC students will assist at a monthly TLC Mass. Practice will be held once a month for those who will assist with the TLC Mass that month.
- All households are asked to volunteer at least two times - see the volunteer form.

### **What is the TLC theme this year?**

We are studying the fourth pillar of the Catechism which is on Christian Prayer. Each of the seven monthly sessions will focus on the different aspects of Prayer.

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## LITURGY OF THE WORD FOR CHILDREN

- Liturgy of the Word for Children is offered during the Sunday 9:00 a.m. Mass for 3 year olds up through 1<sup>st</sup> Grade. Children leave the assembly just before the Liturgy of the Word and celebrate the Liturgy of the Word that is more appropriate to their level of understanding. Children return before the Liturgy of the Eucharist. No registration is necessary.

## FIRST COMMUNION/FIRST RECONCILIATION

- First Communion/First Reconciliation preparation is for children in 2<sup>nd</sup> Grade and older. Students attend weekly Wednesday classes and attend Learning Centers in addition to the monthly TLC sessions.

## CONFIRMATION

- Confirmation preparation is for teens in the 9<sup>th</sup> and 10<sup>th</sup> Grade. Teens attend weekly Wednesday classes, a Retreat, and complete additional requirements in addition to the monthly TLC sessions. Due to changes to our confirmation program, the required Confirmation Retreats will be held in mid-September 2016 and both 9<sup>th</sup> and 10<sup>th</sup> Grade teens will be confirmed in May 2017. The 9<sup>th</sup> Grade teens will complete a one-year accelerated program and the 10<sup>th</sup> Grade teens will complete the 2<sup>nd</sup> of the two-year program started last school year.

## ADULT FAITH FORMATION

- The Adult Faith Formation Committee offers Bible Studies, Speakers, Advent Retreat, and other adult enrichment opportunities. The Fall 2016 Bible Study is on The Prophets: Messengers of God's Mercy. This is a 10-week study that begins the week of September 11<sup>th</sup> with three different times being offered: Sunday 7 PM, Tuesday 7PM and Wednesday 9 AM. Watch the bulletin for more information.